

Connecting to Yourself: Travel

Most of us have travel stories. Some are funny, amusing, or even unbelievable. Others make us think or reflect or evaluate. No matter how far the journey, to travel is to explore new worlds and step outside our comfort zone. Come and explore how journeys can deepen our understanding of ourselves and how it changes us. Please bring a travel story or image!

When: Wednesday, March 23, 3:00-5:00pm Where: Multi-faith Chaplaincy (2090 Mackay), Z-05

To register: ellie.hummel@concordia.ca